

INSIDE OUT

news from
WOODBRIDGE, ST MARY
Issue 8 Autumn 2022



St Mary's church from Broomheath

FOOTBALL HAS COME ROARING HOME!



I am sure that I am not the only ageing, middle class male who was converted by the fantastic energy, skill and determination of England's Lionesses! To see Wembley packed with so many families and, in such a non-threatening and happy atmosphere, was itself a culture shift from a male dominated sport still locked in violence, division, and greed. The summer of 2022 has changed all that; the future not only seems to be female, it is also about great teamwork.

At the time of writing, our Town Council and 'Churches Together in the Woodbridge Area' (CTWA), are hopefully soon to formalise something I have been involved with for some months now with Councillor Sue Bale and many others:

our very own "Woodbridge Ukrainian Hub Project." This simply means creating the best kind of care, support and advice that we can as volunteers or hosts for our Ukrainian guests.

I have even learnt the latest 'strap-line' or 'buzz word' from the excellent 'Community Action Suffolk' (please see their website) based in Ipswich which is: "Co-production." It isn't so much what we can do FOR people so much as what we can do WITH people. So in this instance, teaching English, translating, finding job opportunities, helping with transport, childcare, or just trips out – these are things we can do well together when we believe in the best kind of teamwork - which really can be inspiring and transformative.

I think the same is true of our different Churches, Schools, Councils, or Voluntary Groups. Each of us need to plan well and give more of our time and enthusiasm to make a difference, however small. It is a truism, sadly, that if you need more help in whichever place of work, "Ask a busy person, and you know it will get done."

St Mary's is no different! In the autumn, we are thinking of putting on a kind of 'speed-dating' occasion to let everyone know how many areas of our common life need more helpers and 'do-ers', so watch out, you may be called up! And to be serious, we hope to find new talents and skills being offered, whether that is leading a new junior choir, creating a new toddlers' group or a regular luncheon club for senior citizens...the possibilities are there if we reach out with a generous heart and a determination to succeed. It is something God asks of us all – not to hide our lights or bury our treasures, but instead to reveal them, and share them, with our neighbours and friends.

Nigel Prior (Rector)

Email: rector@stmaryswoodbridge.org

THE CHURCH CLOCK

The Church Recording Society is currently recording in St Mary's. Made up from members of the three local Arts Society groups, the volunteers meticulously describe, measure, photograph and research the items inside the church. About two thousand of these records have been completed across the UK with copies sent to local record offices, the Church Authorities and the Victoria and Albert Museum.

Did you know there is a turret clock in St Mary's? Possibly not, as it is a clock with no faces, so although it can chime the hours and quarters there are no dials as visual aids.

There is also a Carillon in the bell chamber of the tower which at one time would play a selection of tunes, but that is a story for another day. The clock has recently had its first inspection by the group. It is to be found in its own three sided

cupboard in the ringing chamber of the Tower. The pendulum and weights have their own separate cupboards, all constructed to not very effectively protect the moving parts from dust.



For the more technically minded among you, the clock movement has three trains in a side by side birdcage frame. These type of frames came into use about 1670 and were used until the end of the 18th century. The St Mary's clock is thought to date from around 1715. It is not currently working but there is a printed sign displayed below the clock movement cupboard which reads,

'St Mary's has a clock. It never had a face but rang the quarters and hours. The mechanism is still in working order but has not been used for 50 years.'

The present Bell Captain recalls that the sign was printed by Dick Rice, a printer and bell ringer who died in 1994. When last going, the clock had an accuracy of one minute per week. Once the clock has been properly recorded and checked by the Diocesan Bell Advisor its details will be sent to the Turret Clock Section of the Antiquarian Horological Society.

If any readers are interested in the work of the Church Recorders, we are usually in the church between 10.00am and 12noon on the second and fourth Mondays of the month.

THE MERCHANT'S TABLE

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'HERE & THERE'



ADIEU We recently said our farewell to our faithful '8 o'clockers', Vi and Jim Woolmer, and wish them every happiness in their new home in Derbyshire. We also bid farewell to our brilliant baritone, Guy Padmore, who returns to his beloved Switzerland with 'Minnie', the 'butterfly spotting' dog (who also loves evening prayer on Sundays)!

TALKING OF SINGING We are advertising a new paid post for someone to lead our Choir – with rehearsals every Thursday evening and also on Sundays. Full details available from our Parish office or church website. It is a wonderful and creative opportunity for someone eager to develop our musical tradition and recruit new members. Could it be you or someone you know?

OUR BENEFICE QUIET DAY is to be held at The Rookery in Eyke on Wednesday, 14 September (Holy Cross Day) and is entitled '**Mary, of Bethany, at Your Feet. A creative response to the love of God**'. The day is being led by poet and writer, Andrea Skevington. Attendees will be asked to bring a packed lunch. Tea and coffee will be provided. The day will end with an informal celebration of Communion led by Fr Nigel. Please contact Caroline Hawksley if you would like to know more, via the Benefice Office on 01394 388820



FR NIGEL ON HIS BIKE! To mark and celebrate the 40th Anniversary of Fr Nigel's ordination as Priest on 3 July the '8 o'clocker' Sidesmen presented him with the gift of a bicycle. This is his first trial run on Market Hill . . .



EMILIA WITH HER TREASURE CHEST
Junior Church activities take place each Sunday. God

wants us to find the right kind of treasures for His Kingdom.



AMBIENT MUSIC FESTIVAL The highlight of the event packed weekend is to be held in St Mary's, Woodbridge on **Sunday, 25 September** at 2pm. We are privileged to welcome pianist and composer, Tom Rogerson, who was originally from near Woodbridge, and who worked with Brian Eno on their collaborative album, 'Finding Shore'. Tom Rogerson and Friends - Talvin Singh OBE, the 'father of modern Asian electronica music' will be duetting with viola da gamba player Liam Byrne and cellist, Clare O'Donnell in our beautiful Church for this special concert. Wow!



Also from 10am - 4pm on **Saturday 24 September**, as part of the same three day event, Churches Together will have a stall on Whisstocks Place, along with other local environmental groups to show what's being done locally to nurture creation.

SINGAPORE SOCIAL EVENING to be held in St. Mary's House on the **evening of Saturday, 24 September, 7pm for 7.30pm** with the best Singapore banquet prepared by Helena Lim-Poole. You are invited to a repeat of the wonderfully successful meal held just before lockdown. It is buffet style and there will be a licensed bar and some vegetarian dishes. Further details and tickets from St Mary's Shop on Market Hill. Tickets are limited and it was a sell-out last time, so do secure yours soon!

The Hawker Culture in Singapore is an integral part of the way of life for Singaporeans, where people from all walks of life gather at hawker centres to dine and bond over their favourite foods, which are prepared by hawkers.

All welcome. Silk ties and dresses optional!





THE QUEEN'S CANOPY will be celebrated in both our Churches for our **Harvest Festivals** (9.30am at Great Bealings and 11am at Woodbridge on 2 October) – and new trees planted afterwards in our respective churchyards, including some young saplings reared and given to us from Bishop Martin's 'green fingers'.

(Our donations of food will again go to the Salvation Army foodbank).
Come along and join us!

CELEBRATING 70 ART EXHIBITION

In the first two weeks of July St Mary's played host to the exhibition: 70 portraits to mark 70 years of the Queen's reign and another marker for our Platinum Jubilee

celebrations locally. Organised by the Friends of St Mary's, the show raised nearly £1500 from donations, sponsors and the sale of artworks. This enabled the Friends to make a one-off donation to the Suffolk Community Foundation which has also had close links to the Platinum Jubilee and supports good causes across the county.



UKRAINIAN ENGLISH CLASSES take place on Thursday each week from 6.00 - 7.30pm in the main hall of St Mary's House.

'QUOTE OF THE QUARTER' (this is a new regular feature, so if you have something you want to share with every home in our Parish, please send it in to us)

"McDonalds make hamburgers. Cadbury's make chocolate. Starbucks make coffee. The Simon Bolivar Youth Orchestra of Venezuela make music. Heineken make beer. Toyota make cars. Rolex make watches. Safaricom across most of Africa make connections. And, sisters and brothers, the Church of Jesus Christ makes disciples."

+ *Stephen Cottrell, Archbishop of York, Lambeth Conference plenary on mission and evangelism, 30 July 2022.*

CAR IDLING

We can all help reduce air pollution in and around Woodbridge by turning off our car engines when stationary - for example, when waiting for children outside schools. And we can save money too!

According to the RAC motoring organisation, idling increases the amount of exhaust fumes in the air. These fumes contain a number of harmful gasses, such as carbon dioxide (which is bad for the environment and contributes towards climate change), and others including nitrogen dioxide, carbon monoxide and hydrocarbons which are linked to asthma and other lung diseases. There are also particulates which are bad for our lungs – especially for children. The Royal College of Physicians estimate 40,000 deaths a year in the UK are linked to air pollution, with engine idling contributing to this.

The average car uses over two litres of fuel an hour when idling which at current prices equals nearly £4.



It is also illegal under Section 42 of the Road Traffic Act 1988. The act enforces Rule 123 of the Highway Code, which states: "You must not leave a vehicle's engine running unnecessarily while that vehicle is stationary on a public road".

It seems that there is a belief that you can park on a yellow line if you leave the engine running. This is a complete myth – you can get a parking ticket and possibly fined for idling as well!

With modern engines and batteries, idling makes for MORE wear on the engine (not less, as is sometimes thought). And your heater or aircon will run perfectly well without the engine on for about half an hour!

So when waiting in your car or popping into a shop – save money, save the environment, save health, and **SWITCH IT OFF!**

*Woodbridge Town Council's Climate & Ecological Emergency Committee,
Transition Woodbridge and Churches Together*

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24 SEPTEMBER - 2 OCTOBER**

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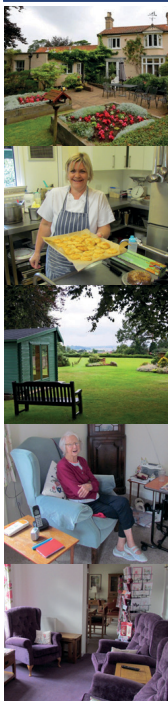
We are a member of
the Abbeyfield Society



CareQuality
Commission

Overall rating
GOOD ●

highlands-care.org



ANY HOUSEBOUND PEOPLE NEEDING A VISIT OR HOLY COMMUNION?

St Mary's has a team of ten Elders, commissioned by the Bishop and trained for work in the parish. They can provide both pastoral care/befriending and what is called liturgical care – saying prayers or services, and bringing holy communion. If you know anyone who would like support from Elders in this way, please don't hesitate to contact our administrator Linda in the Benefice Office -

parish.office@stmaryswoodbridge.org tel.388820 or
the Rector, Fr Nigel rector@stmaryswoodbridge.org

WOODBIDGE DEANERY PILGRIMAGE

Saturday 24 September

WALK AND PRAY

From Great Bealings church (starting at 9.30am) to Eyke church, via
Hasketon, Boulge, Bredfield and Ufford

For further information see <http://www.woodbridgedeanery.org/walks>

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FROM THE PARISH REGISTERS

HOLY BAPTISM

On 11 June 2022 Ava Lily OSTAFIE
was welcomed into our Christian family.

HOLY MATRIMONY

13 August - Stuart Wade and Rachel Mayes

IN MEMORIAM

Elizabeth June SKIRVING - 24 May 2022
Moira Ann PITMAN - 25 May 2022
Joyce Edith (Joy) SHIPTON - 28 May 2022
Peter STARLING - 16 June 2022
Shelia RAISER - 30 June 2022
Margaret BRADLEY - 2 July 2022
Beryl Vera LINSEY - 3 August 2022

'OPEN TOWER' AT ST MARY'S, WOODBRIDGE

10am – 12noon Saturday 17th September

Come and discover the world of bell ringing. Bell ringing, or campanology, is an ancient art, still enjoyed by people today, from teenagers to those of more mature years.

It is an activity like no other involving a unique mix of physical exercise and a bit of mental agility so it's good for the body and the brain, and it's very sociable too.

If you are interested in learning to ring or would just like to find out how the bells in our beautiful tower are rung then please come along to meet some of us, climb the 52 steps and discover the 'hidden' world' of the ringing chamber.

We will be delighted to meet you!





QUARTERLY DIARY "HIGHLIGHTS"

SEPTEMBER

- Sun 4th** 11am Joint Benefice Patronal Festival at Gt Bealings & alfresco lunch
Tues 6th 7.30pm Churches Together, Melton, with guest speaker on climate change
Sat 10th Ride'n'Stride across Suffolk in aid of Historic Churches Trust
Wed 14th Benefice Quiet Day at The Rookery, Eyke
Sat 17th 10am-12noon 'Open Tower' bell ringing event. All welcome.
Tues 20th 7pm PCC Meeting Woodbridge
Sat 24th 9.30am Gt Bealings Prayers, to start off our Deanery Pilgrimage
10am - 4pm Churches Together Eco Church Stand at Whisstocks Place
7pm for 7.30pm Singapore Social Evening at St Mary's House
GREAT BIG GREEN WEEK until 2 October
Sun 25th 2pm Woodbridge Ambient Music Festival concert in St Mary's Church with Tom Rogerson & friends
Thur 29th 10am MICHAELMAS Eucharist, followed by coffee

OCTOBER

- Sat 1st** 10.30am to 12noon Michaelmas 'Messy Church'
Sun 2nd 9.30am & 11am Harvest Festival services in Gt Bealings and Woodbridge
'Queen's canopy' tree planting afterwards
Sat 8th 7pm Riverside Musical Theatre show in St Mary's Church
Sun 9th 10am at Melton / Ufford Deanery Confirmation with Bishop Martin
2pm to 5.30pm RSCM Choral Festival at Bury St Edmunds Cathedral
Thur 13th 2.15pm Mothers' Union Communion
7.30pm Woodbridge Deanery Synod
Wed 19th 7pm Friends of St Mary's, Woodbridge 10th Anniversary
'An Evening with John McCarthy' with Drinks and Light Buffet
Sun 20th ALL SAINTS' SUNDAY

NOVEMBER

- Wed 2nd** 7.30pm ALL SOULS' Benefice Eucharist
Sun 6th 3pm Organ Recital at Woodbridge St Mary's, with Dr Sarah Dodds
Tues 8th 7.30pm Churches Together, St Johns, Woodbridge
Sun 13th 9.30am Remembrance Sunday - Said Benefice Eucharist
Sat 26th 4pm Our Benefice Christmas Market at Woodbridge, St Mary
Sun 27th ADVENT SUNDAY

DECEMBER

- Sat 3rd** 10.30am to 12noon Advent 'Messy Church'
Sun 4th 'Toy Services' in both Churches

BENEFICE OFFICE 01394 388820 parish.office@stmaryswoodbridge.org

www.stmaryswoodbridge.org