

If you, or someone you know, needs emotional and/or practical support following a traumatic death, the following organisations are available to help.

Norfolk and Suffolk Victim Care provides practical and emotional support to victims and witnesses of crime, including where they are not the direct victim.



Hours: 8am to 5pm Monday to Friday
Phone: 0300 303 3706
Website: www.nsvictimcare.org

Referral forms and further details can be found on the website.
Outside these hours Victim Support has a 24/7 Supportline 0808 1689 111
LiveChat facility available 24/7

<https://www.victimsupport.org.uk/help-and-support/get-help/support-near-you/live-chat/>

Listening Ear provides emotional and practical support for anyone affected by traumatic loss. Support can be provided one-to-one, to family groups, groups of colleagues or peers.

Hours: 8am to 5pm Monday to Friday
Phone: 0330 088 9255
Email: amparo.service@listening-ear.co.uk
Website: www.listening-ear.co.uk



Referral forms and further details can be found on the website.

Samaritans works to make sure there's always someone there for anyone who needs someone.



Hours: Anytime, day or night
Phone: 116 123
Email: jo@samaritans.org
Website: www.samaritans.org

Samaritans are available 24 hours-a-day, 365 days-a-year